

Barton & District AC

March 2026

news

As we move through Spring into Summer, there is already a real sense of momentum building across Barton & District AC. The lighter evenings and improving weather have brought renewed energy to training sessions, and it has been fantastic to see athletes of all ages and abilities continuing to support one another both in and out of competition and racing.

March also marks the point where many of us begin looking ahead to the busy summer season. Track and field fixtures are approaching quickly, road races are filling the calendar, and preparations are well under-way for another exciting few months of competition and personal achievement. Whether you are aiming for a new PB, trying a new event, or simply enjoying being active as part of the club community, there is plenty to look forward to.

A huge thank you, as always, goes to our coaches, volunteers, officials, parents, and supporters who give so much of their time to keep the club running smoothly. Your contribution is greatly appreciated and plays a vital role in creating opportunities for all our athletes.

We hope you enjoy this month's newsletter and look forward to sharing a successful and enjoyable summer season together.

Best wishes,

Sarah



BARTON & DISTRICT AC

LATEST NEWSLETTERS

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Summer League

2026

New Route

👁️ 6 races through the summer

👁️ 2 big loops of the park paths at Baysgarth Park, starting and finishing at Baysgarth House Museum (approximately 2.5 miles)

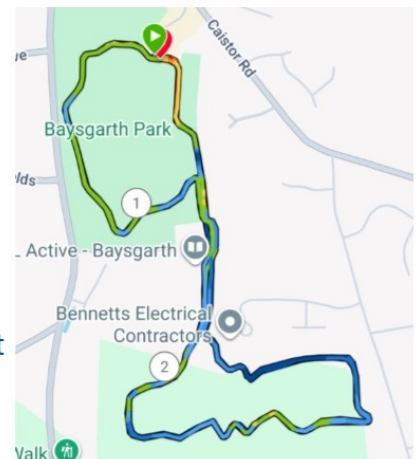
👁️ **All but the first race is handicapped (staggered start)**

👁️ Registration to take place from 30 minutes before the start of each race.

👁️ The winners on handicap of Races 2-6 will receive £20.

👁️ There will be a handicap points competition with cash prizes for £75, £50 and £25 for the top 3 finishers in the league overall.

👁️ Bonus Points available at each race plus points for volunteering.



🔊 Explanation of the Points System 🔊

- Only open to First Claim Barton & District AC members over 16 on the date of the first race. Guests will be allowed if UKA registered but are not entitled to any prizes.
- The first race will be a mass start and will be used to determine your handicap start time for the next race and all entrants will receive 60 points. Anybody who enters the league after the first race will get 60 points whatever position they finish and not be entitled to a prize if they finish first in the race.
- For subsequent races, 1st place will receive 100 points, 2nd 95 and 3rd 90, then it reduces in increments of 1 until 60, when everyone after that receives 60 points.

- | | | |
|------------|----------------------|-------|
| • Event 1: | Thursday 2nd April | 18:40 |
| • Event 2: | Thursday 7th May | 18:40 |
| • Event 3: | Thursday 4th June | 18:40 |
| • Event 4: | Thursday 2nd July | 18:40 |
| • Event 5: | Thursday 6th August | 18:40 |
| • Event 6: | Sunday 6th September | 09:30 |

Volunteers

needed!

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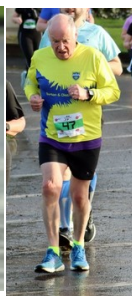
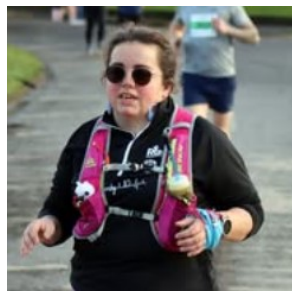
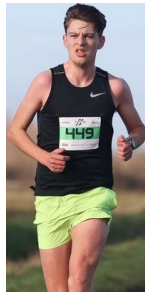
North Lincs 10k & Half Marathon - 01/03/26

Taken over by Runthrough, the North Lincs 10k and Half Marathon took place on Sunday 1st March with the usual courses offering fast and flat routes. Both races start and finish at Quibell Park Stadium in Scunthorpe and are single lap routes.

With sunny and windy conditions there were strong, early season performances in both races.

BADAC participants in the 10k were **Thomas Smales, Emma Ellerington, Martin Hopper, Trevor Clark, Tamzen Maslin** and **Eilla Newborn**. Special mention to Trevor with a second place age category finish and Tom finishing third overall.

Representing Barton & District AC over the half marathon were **Steve Chaplin, Racheal Couch, Beth Montgomery** and **Tracey Griffiths**. Tracey also finished second in her age category and Steve broke his own club age category record here.



Trafford 10k - 01/03/26

RunNorthWest once again hosted the ever-popular Trafford 10k, one of the UK's most popular and quickest 10ks for club runners, with elites travelling from all over Europe to run this super-fast course.

Taking place on Sunday 1st March, **Oliver Donkin**, once again showed how much hard work he's putting in with the training running sub 30 minutes finishing 15th overall out of 1008 finishers at the event.

Kevin Campbell of Cambuslang Harriers was first over the line in 28:49 with first female finisher Abbie Donnelly of Lincoln Wellington AC finishing in 31:59. To put Oli's time in perspective he finished just 35 seconds shy of the third placed finisher.

Amazing running Oli!



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The Golden Fleece Circuit - 07/03/26

The Golden Fleece Circuit saw a fantastic turnout of runners and walkers gathering in the town of South Cave to tackle the scenic trails of the East Yorkshire Wolds. Established in memory of former Scout Chairman, Bob Gunby, this annual challenge event continues to serve as a demanding and physical test and a viral fundraiser for South Cave Scout Group.

Both the 27.5 mile and 15 mile circuits start and finish at the All Saints' Community Centre, leading participants through iconic local terrain including the Yorkshire Wolds Way and various hidden valleys.

The checkpoint cuisine, as is tradition, were highly praised once again by participants. Volunteers provided a steady supply of drinks, biscuits, cakes and savoury snacks as well as at the finish inside the village hall.

Tackling the shorter course this year (approximately 15 miles) from Barton & District AC were **Sarah Bainbridge, Beth Montgomery, Nicola Barker, Helen Brandrick, Kieren Iannidinardi, Sophie Iannidinardi, Wayne Pulford, Karl Barker, Louise Binns, Hazel White, Phil Kirkham, Zoe Adams, Susan Ancliffe, Gill Bridger, Fiona Copper** and **Lizzie Smith**.

Taking on the 27 mile longer route were **Helen Williams, Daryl Parks, Steve Chaplin, Georgiana Bacon, Matthew Lambert, Kathryn Drury, Simon Palmer, Richard Musgrave, Ben Bridges, Racheal Couch, Michelle Horsewood, Tracy Chaplin, Sue Oldfield, Claudia Holde, Zoe Tansley** and **Martina Hodgson**.



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CAU Inter-Counties - 07/03/26

The 2026 CAU Inter-Counties Cross Country Championships took place on Saturday 7th March, at Wollaton Park, Nottingham featuring 13 races with over 2,700 athletes from across the UK.

Following selection at the Humber County XC Championships earlier in the year, we had three athletes representing Humberside - **Oliver Jones** and **Teddy Morgan** in the Under 13 Boys race and **Piper Wilson** in the Girls Under 13 race.

Well done, an honour to represent the club at county level.

SportsShoes Podium 5k - 14/03/26

SportsShoes Podium returned to Leicester for the Podium Classic 5k on Saturday 14th March, in collaboration with HOKA. Known for rapid times, the race attracted some of the fastest athletes from across the UK and Europe, including two-time Olympian, Narve Nordas.

Despite less than favourable conditions with the wind, the event delivered on times, including 17 men sub 14:00 and 15 women under 16:30. Our own **Oliver Donkin** finished just shy of 14 minutes in 21st place overall in the Elite Men's race, out of 67 participants.



Hardmoors 55 - 21/03/26

The Hardmoors 55 is a 55 mile course from Guisborough to Helmsley where Olivier Shaw set a new course record of 7:35:37 on Saturday 21st March. With roughly 7545 feet of ascent the Loftus & Whitby AC athlete knocked three and a half minutes off the previous record on the course.

Heading over the Cleveland Way from BADAC were **Steve Chaplin** and **Michelle Horsewood** covered landmarks such as Roseberry Topping, Clay Bank and the White Horse at Sutton Bank. Special mention to **Tracy Chaplin** for offering her services to marshal (also known as Hardshalling) at one of the checkpoints en route.



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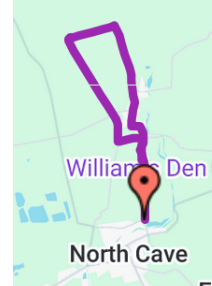
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City of Hull Champagne League - Race 1 - 31/03/26

Kicking off this year's Champagne League, a series of 10 races over the summer, organised by City of Hull AC was the North Cave route of 4 miles.

On Tuesday 31st March, **Jon Wilson**, **Lou Binns** and **Rebecca Manchester** represented Barton & District AC setting their handicap for future races in the process.



Sheffield Half Marathon - 29/03/26

The Sheffield Half Marathon, organised by Jane Tomlinson's Run for All, returned on Sunday 29th March, with thousands of runners of all ages and abilities taking to the streets of the Steel City.

The route, famous for its challenging mile-long climb up Ringinglow Road and its spectacular views across the Peak District, starts and ends on Arundel gate, right in the heart of the City Centre. Well done to **Jonathan Manchester**, **Will Brandrick**, **Helen Brandrick** and **William Edwards** for braving the inclines of Sheffield and massive well done to Helen and Will for raising a fabulous amount for the Sheffield Children's Hospital Charity, which helped the family so much when they needed.

Headscarf Hustle - 08/03/26

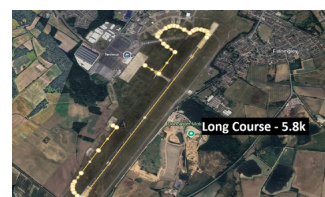
Local charity and athletics club, Fit-mums & Friends hosted the third Headscarf Hustle on Sunday 8th March. Open to all, the Hustle is a fun and friendly 5km run/walk in honour of Hull's Headscarf Revolutionaries. This year it took place along the River Humber, starting at The Deep on International Women's Day. Well done to **Carol Clayton** for donning a very snazzy headscarf to participate in the this event.



Run the Runway - 21/03/26

Libra Races hosted the Run the Runway event on Saturday 21st March on the runway at Doncaster Sheffield Airport before it reopens for flights in 2027 (maybe, might, possibly).

Two distances were on offer - a shorter 3.5km for ages 7 and over and a longer 5.8km for those 12 or over. **Helen Brandrick**, **Martina Hodgson**, **Eleanor Newborn**, **Christy Pearson** and **Tamzen Maslin** started and finished the longer route next to the Vulcan Bomber.



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Coming Up - June & July 2026

- ◆ 02/06/26 City of Hull Champagne League Race 6
- ◆ 02/06/26 Run Jump Throw Series (Rotherham)
- ◆ **04/06/26 BADAC Summer League Race 3**
- ◆ 05/06/26 Tommy Clay Development Meeting (Boston)
- ◆ 06/06/26 Northern Athletics Senior, U20 & U18 Champs (Hull) Day 1
- ◆ 06/06/26 SportsShoes Podium 5k North (York)
- ◆ 07/06/26 Northern Athletics Senior, U20 & U18 Champs (Hull) Day 2
- ◆ 07/06/26 Orsted Great Grimsby 10k
- ◆ 07/06/26 Leeds Running Festival
- ◆ 09/06/26 East Hull Harriers Summer League Race 5
- ◆ 12/06/26 EvenSplits York 5k Series
- ◆ 13/06/26 Humber Open Series Meeting 3 (Grimsby)
- ◆ 14/06/26 Woodhall Spa 10k
- ◆ 16/06/26 City of Hull Champagne League Race 7
- ◆ 18/06/26 York Event Series
- ◆ 20/06/26 Shadwell 10k (Leeds)
- ◆ 21/06/26 East Yorkshire Half Marathon & 10K
- ◆ 23/06/26 East Hull Harriers Summer League Race 6
- ◆ 27/06/26 Northern Athletics U14 & U16 Championships (Leigh) Day 1
- ◆ 28/06/26 Barnsley 10k
- ◆ 28/06/26 Northern Athletics U14 & U16 Championships (Leigh) Day 2
- ◆ 28/06/26 Market Rasen Running Festival
- ◆ 30/06/26 City of Hull Champagne League Race 8
- ◆ **02/07/26 BADAC Summer League Race 4**
- ◆ 03/07/26 DonFaster 5k
- ◆ 05/07/26 Withernsea 10k
- ◆ 05/07/26 Winterton Show 10 Mile
- ◆ 07/07/26 East Hull Harriers Summer League Race 7
- ◆ 10/07/26 Walkington 10k
- ◆ 10/07/26 EvenSplits York 5k Series
- ◆ 12/07/26 Normanby Hall 10k
- ◆ 12/07/26 Spilsby Show 10k
- ◆ 14/07/26 City of Hull Champagne League Race 9
- ◆ 15/07/26 Laxton Charity 10k
- ◆ 19/07/26 Goole Riverbank Challenge 10k
- ◆ 21/07/26 East Hull Harriers Summer League Race 8
- ◆ 25/07/26 Humber Open Series Meeting 4 (Hull)
- ◆ 26/07/26 South Cave 10k
- ◆ 26/07/26 Easingwold 10k
- ◆ 28/07/26 City of Hull Champagne League Race 10



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