

BARTON & DISTRICT AC



Athletics Club



news

Welcome to our April newsletter.

As spring arrived and the days grow longer, it's great to see so many members back enjoying training, racing and social events across the club. The past few months have seen some excellent performances from athletes of all ages and abilities, demonstrating the enthusiasm and commitment that make Barton & District AC such a special club.

April marks the beginning of a busy season, with road races, track and field competitions and local events providing plenty of opportunities for members to challenge themselves and achieve new goals. Whether you're preparing for your first race, aiming for a personal best, or simply enjoying the camaraderie of training with others, we wish you every success in the months ahead.

In this edition, you'll find updates on recent achievements, reports from club events, upcoming fixtures and news from across all sections of the club. Thank you to all those who contribute by way of taking photos at events - it helps me out greatly!

As always, we are grateful to our coaches, volunteers, officials and committee members whose dedication keeps the club thriving. Your support is invaluable and greatly appreciated.

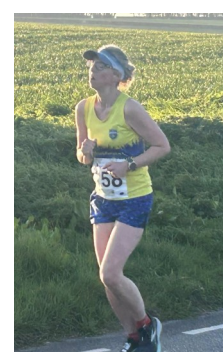
I hope you enjoy reading this newsletter, if you have any contributions at all just let me know and I'll include (almost) anything!

Happy and safe running, racing and surviving,

Sarah

City of Hull AC Champagne League 2026

Races 2 and 3 of this year's Champagne League, organised by City of Hull AC took place on Tuesday 7th April and Tuesday 21st April consecutively. The first of the two was a 3.4 mile route at the Westwood in Beverley and the second race a slightly longer 4.7 miles at Elloughton Dale. **Jon Wilson, Rebecca Manchester** and **Lou Binns** headed over the bridge for both races and they were joined by **Sophie Iannidinardi** at the third race.



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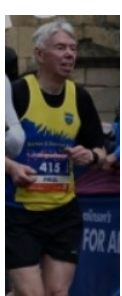
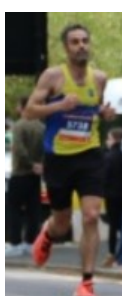
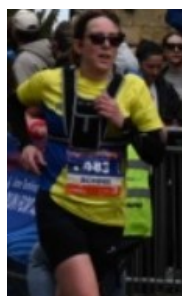
news

11 April 2026 - The Woldsman Long Route

The Woldsman Long Route is a 50 mile ultra-challenge across the rolling hills of the Yorkshire Wolds. Organised by the East Yorkshire LDWA it tests endurance, navigation and self-sufficiency, required participants to finish within a 20 hour limit. Starting from Driffeld Showground on Saturday 11th April, BADAC ultra-runners **Scott Marrison, Matthew Lambert, Steve Chaplin, Georgiana Bacon, Tracy Chaplin** and **Sue Oldfield** all successfully completed this challenge event. Scott finished 4th overall and Matthew, Steve and Georgiana were all in the Top 20 of the 201 finishers.

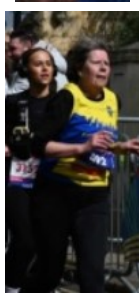
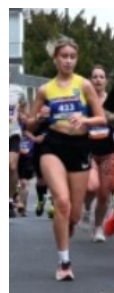


12 April 2026 - City of Lincoln 10k



Almost 5,000 runners of all abilities crossed the finish line at the City of Lincoln's annual 10k event.

The route, which starts on Riseholme Road, heads along Nettleham Road, passing the landmark Cathedral before heading back to Yarborough Leisure Centre and across to Ravendale Sports Ground before looping round for a Cathedral finish.



William Edwards, Ant Coulam, Aimee Muller, Paul Ancliffe, Ronda Rushby, Trevor Clark, Fiona Copper, Carol Clayton and **Daryl Parks** represented Barton & District AC on Sunday 12th April where Newark AC's Joe Wilkinson was victorious in 30:48 with local LWAC athlete Charlie Thornton the first female finisher in 34:34



"Beginners to winners, small and tall, track, road and trail - **we do it all!**" 2

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11 April 2026 - Humber Open Series Meeting 1

A warm but as usual windy season opener at the first of four in the Humber Open Series for 2026 saw 20 of our junior and youth athletes take to the track and field at Scunthorpe's Quibell Park on Saturday 11th April.

Covering various track distances and field events **Alfie Dervey, Austin Malinson, Eddie Rushby, Elsie Bruce, Erin Briggs, Esme Atkin, Francis Szolkowski, Halle Wilson, Harry Atkin, Jacob Arnold, Jake Newwell, Jessica Clark, Lexi Wilson, Milly Atkin, Oliver Jones, Oliva Bennett, Piper Wilson, Taylor Dervey, Teal Wilson** and **Teddy Morgan** all showed their promise for the season with many personal bests achieved.



"Athletics is not so much about the legs. It's about the heart and mind" - Eliud Kipchoge



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12 April 2026 - The Boston (UK) Marathon

The Boston (UK) Marathon took place on Sunday 12th April. With 1050 finishers, it is one of the smaller UK road marathons.



Steve Mosey returned from injury to run here with a prevailing wind in the first half the race, which unfortunately had a strong headwind and negligible shelter making conditions difficult during the second half.



12 April 2026 - Paris Marathon



The Schbeider Electric Marathon de Paris features an iconic course, starting on the Champs-Élysée, passing the Arc de Triomphe, winding through the lush Bois de Vincennes, and finishing just steps from the Eiffel Tower.

While visually stunning, I'm reliably informed it is a deceptively tough, rolling course with a notoriously grinding uphill finish.

Claire Larke, Helen Foulston, Sarah Cook, and Ruth George headed to the French city to race this year's event on Sunday 12th April along with a few friends and relatives!

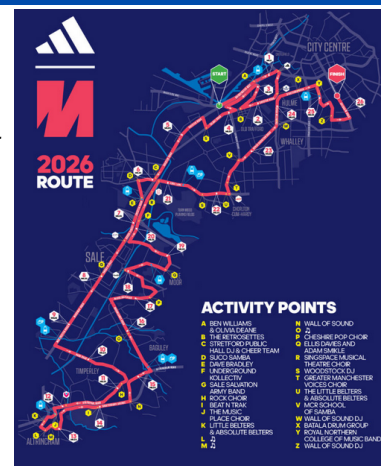
19 April 2026 - Manchester Marathon

One of the UK's biggest and most popular marathon events where spectators line the route to cheer runners on every step of 26.2 miles. There were favourable weather conditions on Sunday 19th April for **Carrie Law, Simon Palmer** and **Dave Thomas** representing Barton & District AC following months of dedicated training, early morning runs, and weekend long-distance session culminating in a memorable marathon day.



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"Believe you can and you're halfway there". - Theodore Roosevelt



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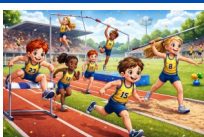
18 April 2026 - Doncaster AC Spring Open

Olivia Bennett, Chloe Blenkinsop, Isaac Browne, Lucas Browne, Elsie Bruce, Jessica Clark, Oliver Jones, Nicholas Mullineaux, Jake Newell and Jack Wood headed to the Keepmoat Stadium for the Doncaster AC Spring Open event on Saturday 18th April, the last weekend of the Easter holidays for most.



6 April 2026 - York Evening Series 1

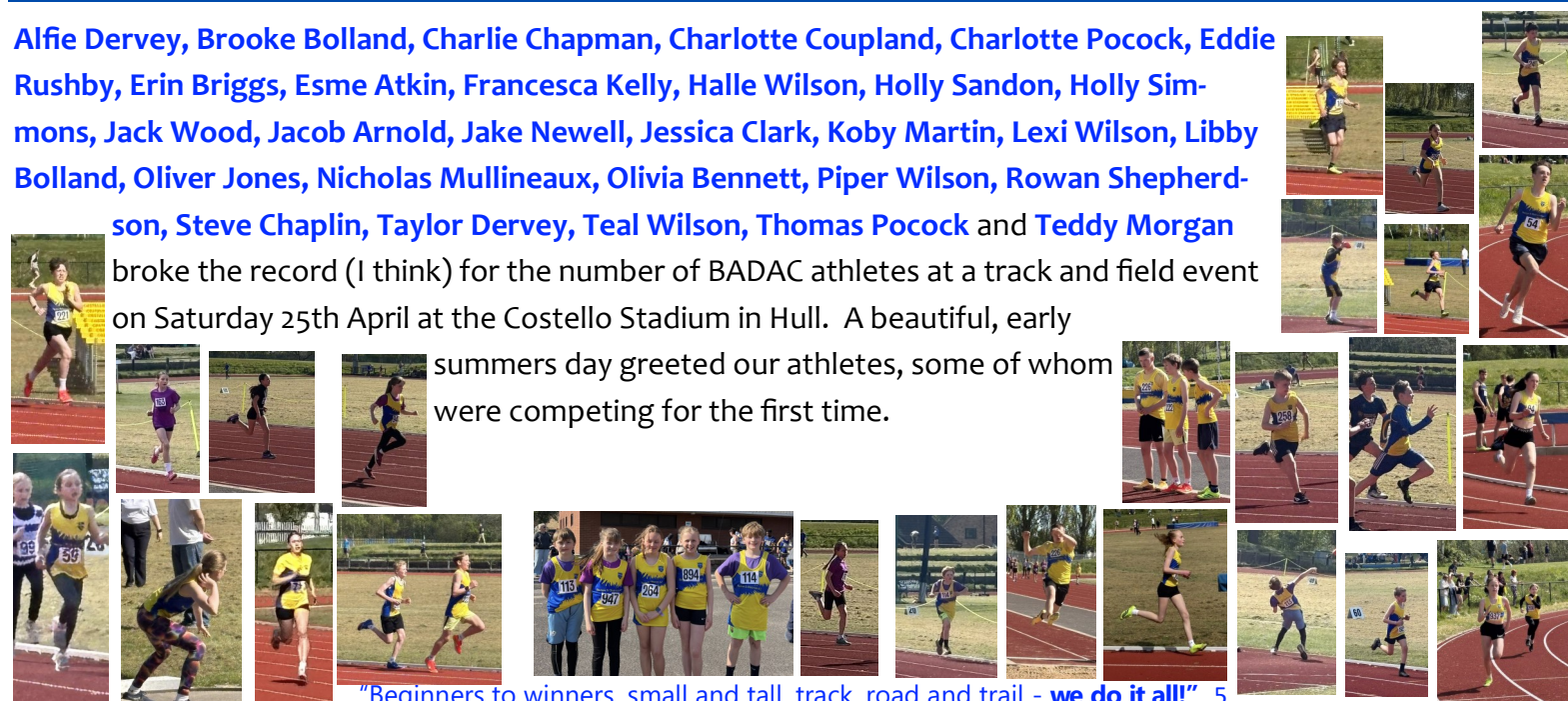
Teddy Morgan ran the 800m at the Easter Monday York Evening Series event at the University of York's athletics track and achieved a fantastic PB.



25 April 2026 - KUHAC Spring Open

Alfie Dervey, Brooke Bolland, Charlie Chapman, Charlotte Coupland, Charlotte Pocock, Eddie Rushby, Erin Briggs, Esme Atkin, Francesca Kelly, Halle Wilson, Holly Sandon, Holly Simons, Jack Wood, Jacob Arnold, Jake Newell, Jessica Clark, Koby Martin, Lexi Wilson, Libby Bolland, Oliver Jones, Nicholas Mullineaux, Olivia Bennett, Piper Wilson, Rowan Shepherdson, Steve Chaplin, Taylor Dervey, Teal Wilson, Thomas Pocock and **Teddy Morgan** broke the record (I think) for the number of BADAC athletes at a track and field event on Saturday 25th April at the Costello Stadium in Hull. A beautiful, early

summers day greeted our athletes, some of whom were competing for the first time.



"Beginners to winners, small and tall, track, road and trail - **we do it all!**" 5

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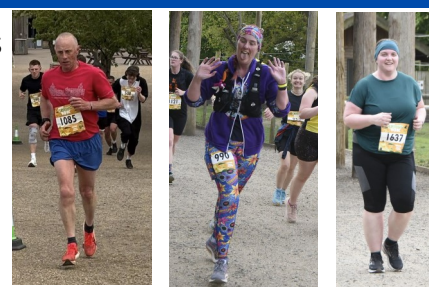
26 April 2026 - Run for Wildlife 10k

The Run for Wildlife 10k took place on Sunday 26th April bringing together runners of all abilities in support of wildlife conservation.

The course, in and around the Yorkshire Wildlife Park, offered a varied and enjoyable route, combining stretches of open paths with sections that showcased the surrounding natural environment.

The overall winner of the event was Craig Barker of Goole Viking Striders (34:14) with Venika Owers of East Hull Harriers & AC the first female finisher (40:15).

Mark Nettleton, Alison Nettleton, Tamzen Maslin, Emma Whittingham and **Victoria** enjoyed a yomp seeing the lions and tigers and bears.



25 April 2026 - Wold Rangers Way Ultra



The Wold Rangers Way Ultra by Ultra Trails took place on Saturday 25th April, starting and finishing at the Field House Camping & Coffee Barn in Tibthorpe, near Driffield, East Yorkshire. The beginner-friendly 52km ultra marathon has a cut-off of 12 hours, 4 indoor checkpoints with toilets, live GPS tracking and a supportive, well-organised atmosphere.

Ben Bridges was the only BADAC member to take on this challenge through the heart of the Yorkshire Wolds, now in its 6th edition, which welcomes both first-time ultra runners and experienced trail runners alike. The event is limited to 200 entries and has sold out every year.



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*"Dream as big as you can
dream, and anything is possible."*

- Michael Phelps

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26 April 2026 - TCS London Marathon

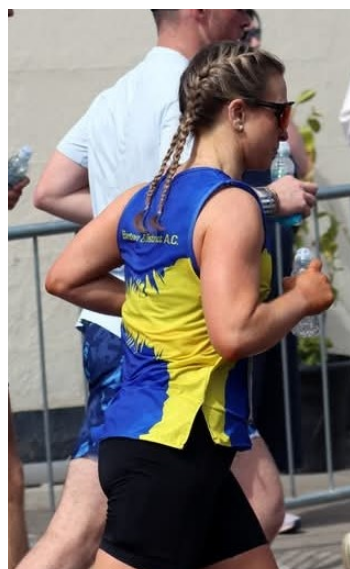
The 2026 London Marathon will be remembered as one of the most remarkable days in the history of distance running. With nearly 60,000 finishers, record crowds lining the streets, and world-record performances at the front of the race, the atmosphere across the capital was truly unforgettable. The event set a new record for the largest marathon ever held, with 59,830 runners crossing the finishing line.

For Barton & District AC, London Marathon was a celebration of months of dedication, early-morning long runs, winter training sessions and unwavering support from fellow members. From extremely lucky ballot place achievers, good for age qualifiers, the club place and the super speedy championship start superstar among us, every one of our runners who made it to The Mall has a story worth telling.



This year's club place was awarded to **Kieren Iannidinardi** was the recipient of the 2026 London Marathon Club Place as **Tracey Griffiths** rescinded her place having achieved a fantastic Good for Age time for the event. **Kieran** and **Tracey** gathered alongside BADAC members **Ben Sadowyj**, **Kathryn Drury**, **Helen Foulston** and **Christy Pearson** on Greenwich and Blackheath before making their way through London passing Cutty Sark, over Tower Bridge, Canary Wharf and the final miles along the Embankment which were a wall of noise from the crowds.

At the elite level, history was made when Sabastian Sawe became the first athlete to run a sub-two-hour marathon under official race conditions, winning in an astonishing 1:59:30, second placed Ethiopian athlete Yomif Kejelcha also ran under two hours, following Sawe over the line just 11 seconds later. A new women-only world record was also achieved by Tigst Assefa who produced another outstanding performance of 2:15:41. **Ben** amazingly ran a superb 2:20:50, which secures another championship time at the event by finishing in 21st place overall in the masses. An absolutely astonishing achievement.



The London Marathon continues to be much more than a race. It is a celebration of community, perseverance, and the power of running to bring people together. Many runners raise significant sums for charity, contributing to an event that remains one of the world's largest annual fundraising occasions.

Congratulations to every club member who took part we look forward to hearing more stories from your race day and celebrating your performances.

Special mention to **Fiona Copper** who ran the marathon virtually on Sunday 26th April! Apologies for the lack of photos.

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Athletics Club

Fixtures – Road & Trails

JUNE

- ◆ 02/06/26 City of Hull Champagne League Race 6
- ◆ **04/06/26 BADAC Summer League Race 3**
- ◆ 07/06/26 Orsted Great Grimsby 10k
- ◆ 07/06/26 Leeds Running Festival
- ◆ 09/06/26 East Hull Harriers Summer League Race 5
- ◆ 14/06/26 Woodhall Spa 10k
- ◆ 16/06/26 City of Hull Champagne League Race 7
- ◆ 20/06/26 Shadwell 10k (Leeds)
- ◆ 21/06/26 East Yorkshire Half Marathon & 10K
- ◆ 23/06/26 East Hull Harriers Summer League Race 6
- ◆ 28/06/26 Barnsley 10k
- ◆ 28/06/26 Market Rasen Running Festival
- ◆ 30/06/26 City of Hull Champagne League Race 8



JULY

- ◆ **02/07/26 BADAC Summer League Race 4**
- ◆ 05/07/26 Withernsea 10k
- ◆ 05/07/26 Winterton Show 10 Mile
- ◆ 07/07/26 East Hull Harriers Summer League Race 7
- ◆ 10/07/26 Walkington 10k
- ◆ 10/07/26 EvenSplits York 5k Series
- ◆ 12/07/26 Normanby Hall 10k
- ◆ 12/07/26 Spilsby Show 10k
- ◆ 14/07/26 City of Hull Champagne League Race 9
- ◆ 15/07/26 Laxton Charity 10k
- ◆ 19/07/26 Goole Riverbank Challenge 10k
- ◆ 21/07/26 East Hull Harriers Summer League Race 8
- ◆ 26/07/26 South Cave 10k
- ◆ 26/07/26 Easingwold 10k
- ◆ 28/07/26 City of Hull Champagne League Race 10



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Fixtures - Track & Field

JUNE

- ♦ 02/06/26 Run Jump Throw Series (Rotherham)
- ♦ 05/06/26 Tommy Clay Development Meeting (Boston)
- ♦ 06/06/26 Northern Athletics Senior, U20 & U18 Champs (Hull) Day 1
- ♦ 06/06/26 SportsShoes Podium 5k North (York)
- ♦ 07/06/26 Northern Athletics Senior, U20 & U18 Champs (Hull) Day 2
- ♦ 13/06/26 Humber Open Series Meeting 3 (Grimsby)
- ♦ 18/06/26 York Event Series
- ♦ 20/06/26 Yorkshire & District League Match 2 (Barnsley)
- ♦ 27/06/26 Northern Athletics U14 & U16 Championships (Leigh) Day 1
- ♦ 28/06/26 Northern Athletics U14 & U16 Championships (Leigh) Day 2



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JULY

- ♦ 03/07/26 DonFaster 5k
- ♦ 18/07/26 Yorkshire & District League Match 3 (Grimsby)
- ♦ 25/07/26 Humber Open Series Meeting 4 (Hull)



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Summer League

2026 New Route

👁️ 6 races through the summer

👁️ 2 big loops of the park paths at Baysgarth Park, starting and finishing at Baysgarth House Museum (approximately 2.5 miles)

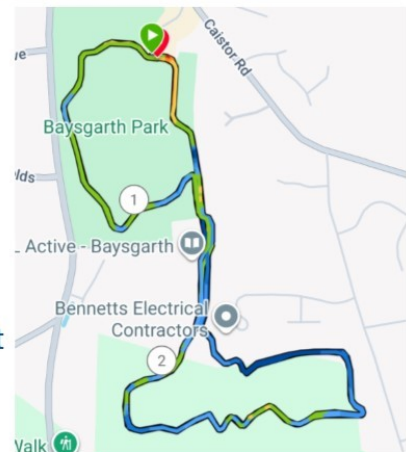
👁️ **All but the first race is handicapped (staggered start)**

👁️ Registration to take place from 30 minutes before the start of each race.

👁️ The winners on handicap of Races 2-6 will receive £20.

👁️ There will be a handicap points competition with cash prizes for £75, £50 and £25 for the top 3 finishers in the league overall.

👁️ Bonus Points available at each race plus points for volunteering.



🔊 Explanation of the Points System 🔊

- Only open to First Claim Barton & District AC members over 16 on the date of the first race. Guests will be allowed if UKA registered but are not entitled to any prizes.
- The first race will be a mass start and will be used to determine your handicap start time for the next race and all entrants will receive 60 points. Anybody who enters the league after the first race will get 60 points whatever position they finish and not be entitled to a prize if they finish first in the race.
- For subsequent races, 1st place will receive 100 points, 2nd 95 and 3rd 90, then it reduces in increments of 1 until 60, when everyone after that receives 60 points.

• Event 1:	Thursday 2nd April	18:40
• Event 2:	Thursday 7th May	18:40
• Event 3:	Thursday 4th June	18:40
• Event 4:	Thursday 2nd July	18:40
• Event 5:	Thursday 6th August	18:40
• Event 6:	Sunday 6th September	09:30

Volunteers needed!