

BARTON & DISTRICT AC



Athletics Club



news

Welcome to the May 2026 edition of the Barton & District AC newsletter.

As we move from spring into summer and the track and field season, it is encouraging to see so many club members actively participating in training sessions, races, competitions and social runs. The longer days and warmer weather have brought a renewed energy to the club, with members of all ages and abilities continuing to represent Barton & District AC with enthusiasm and determination.

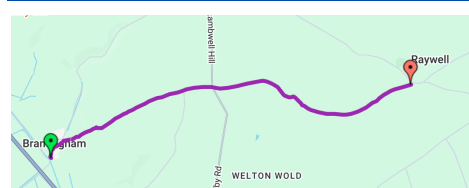
This month's newsletter, as always, reflects the diversity of activity across the club. From road races and trail events to track and field meetings, our athletes have been achieving personal bests, tackling new challenges and supporting one another every step of the way. Whether your goal is competitive success, personal improvement, or simply enjoying the camaraderie that comes with being part of a welcoming club, there is plenty to celebrate.

A sincere thank you goes to our coaches, run leaders, volunteers, committee members, and supporters whose dedication keeps the club running smoothly. Their contribution often takes place behind the scenes, but it is fundamental to everything we achieve as a club.

Happy running!

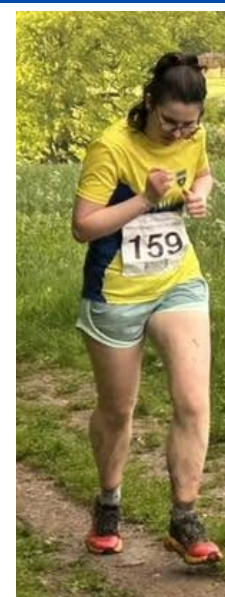
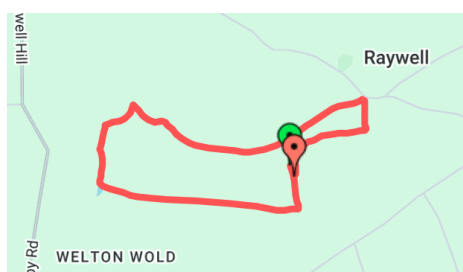
Sarah

City of Hull AC Champagne League 2026



Race 4 in the City of Hull AC's Champagne League, held on Tuesday 5th May saw **Jon Wilson**, **Rebecca Manchester** and **Sophie Iannidnardi** completing the point-to-point 3.6 mile route from Brantingham to Raywell. Tuesday 19th May was a similar distance race of 3.8

miles on a route known as Waudby Farm with **Rebecca** and **Sophie** attending the fifth race in the series of 10.



"Beginners to winners, small and tall, track, road and trail - **we do it all!**" 1

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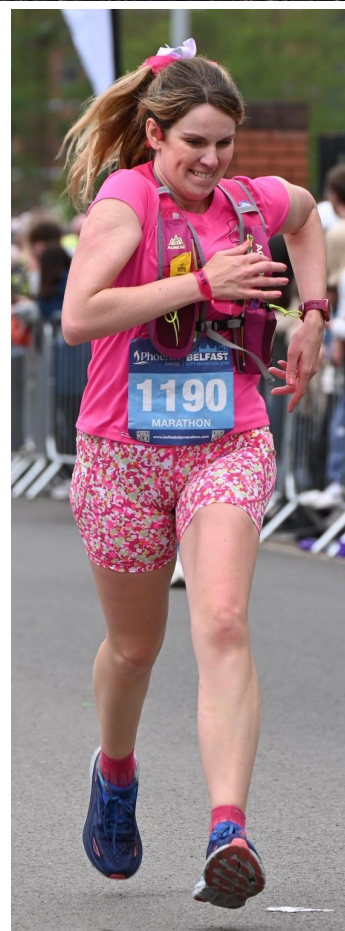
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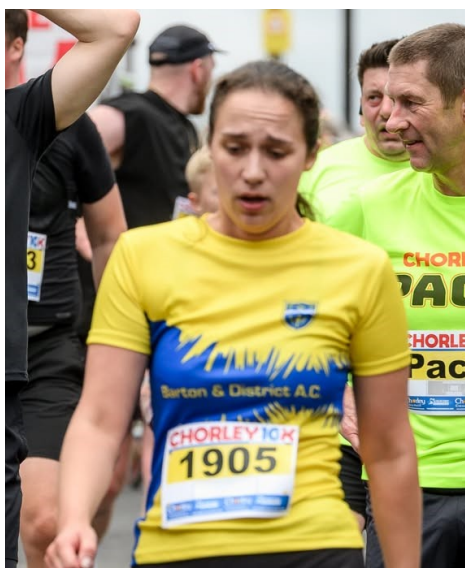
3 May 2026 - Belfast City Marathon

Ethiopian runner Abay Alemu won the 2026 Phoenix Energy Belfast City Marathon on Sunday 3rd May, claiming victory by a single second in a dramatic sprint finish against Teadesse Mamo. The 44th edition of the race featured nearly 24,000 registered participants across the marathon, team relay and walking categories. BADAC's **Lizzie Smith** popped across the Irish Sea to participate in this event.



3 May 2026 - Chorley 10k

The 2026 Chorley 10k, held on Sunday 3rd May, was a highly successful, sell-out event with approximately 3000 participants across the 10k and fun run. **Sophie Iannidinardi** represented Barton & District AC at this race organised by Chorley Council and Fylde Coast Runners.



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8 May 2026 - EvenSplits York 5k

A popular, monthly running event held at the University of York Sport Village Cycle Circuit the EvenSplits York 5k took place on Friday 8th May. **Dave Thomas** travelled to participate in the yellow and blue at this evening event.



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2 May 2026 - Yorkshire & District League Match 1

A warm day greeted the 16 Barton & District AC youth athletes accompanied by coaches Mark, Naomi and Hannah and parents at the first match in the 2026 Yorkshire & District League. A change of format to the usual League matches with just one league and a reduced



number of matches (3 versus 4 in previous years). The joint team of Barton along with a few Goole Youth athletes finished 2nd overall, just 54 points behind the league leaders Halifax Harriers. Participating in various track and field events, some in events they're not used to were **Isaac Browne, Nicholas Mullineaux, Arthur Webb, Jack Wood, Charlotte Pocock, Emmy Bennett, Erin Briggs, Olivia Bennett, Harry Atkin, Milly Atkin, Libby Bolland, Holly Sandon, Elsie Bruce, Edie Webb, Piper Wilson** and **Jessica Clark**. Special mention to **Lucas Browne** for stepping into the U12 boys team at this event. The next event is due to take place on Saturday 20th June at the Dorothy Hyman Athletics Stadium, Barnsley.

"Athletics is not so much about the legs. It's about the heart and mind" - Eliud Kipchoge



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10 May 2026 - Beverley 10k

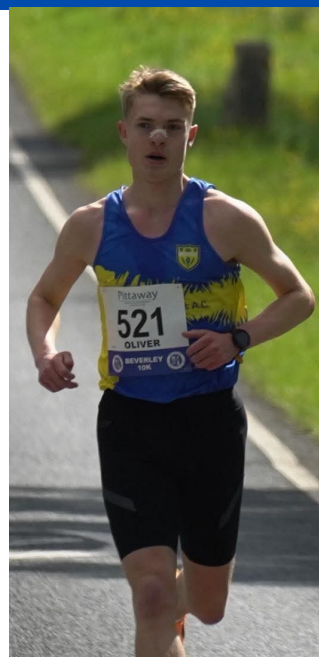
Barton & District AC's **Oliver Donkin** produced a sensational performance at the Beverley 10k, storming to victory and setting a new course record in the process.

On Sunday 10th May, Oliver led from the front and crossed the line in an outstanding 30:07, taking first place by over a minute and half from his nearest rival. His winning time eclipsed the previous course record of 30:12, which has stood since 2023 at this popular race.

Widely regarded as one of the region's premier road races, attracting a strong field each year, the race starts outside the iconic Beverley Minster following an undulating route through the scenic Westwood common land before a downhill finish on the crowd-lined Wednesday Market.

The achievement continues an excellent period of form for Oli and is another significant milestone for Barton & District AC and one that reflects Oli's dedication.

Congratulations to Oli and also fellow BADAC runners **Janice Clipson**, **Tamzen Maslin** and **Carol Clayton**.



"Believe you can and you're halfway there". -
Theodore Roosevelt

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21 May 2026 - BMC Regional (Leeds)

Oliver Donkin ran the in the 3000m at the Leeds Beckett University Athletics Centre on Thursday 21st May in the BMC Regional event, racing in the A race, finishing 2nd, just 5s shy of his PB at this distance.

16 May 2026 - BMC Grand Prix (Trafford)

On Saturday 16th May **Oliver Donkin** headed to the Trafford Grand Prix for the opening Grand Prix meeting which was incorporated into the World Athletics Continental Challenger Tour and was sponsored by Adidas and SportsShoes.com. A cool evening of racing greeting Oli who smashed out a PB in the 5000m track distance in 14:12.18, finishing 5th overall in the A race.



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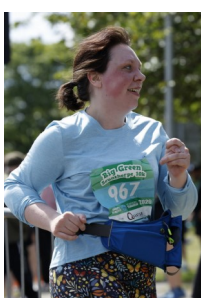
9 May 2026 - The Dukeries 30 & 40

Runners gathered at Walesby Sports & Social Club on the morning of Saturday 9th May for the 2026 Dukeries 30 and 40 mile trail races, organised by HOBO Pace. Set in the heart of Sherwood Forest the event once again delivered a memorable day of ultra running across some of Nottinghamshire's most scenic trails.

Starting at 7.30am, competitors headed out on fully marked routes that wound through the Dukeries landscape. Runners passed sandstone villages, woodland tracks, open farmland and some of the region's most recognisable landmarks, including Creswell Crags, the Welbeck Estate, Clumber Park and Thoresby Estate. Those tackling the longer 40 mile route including our own **Matthew Lambert**, were rewarded with a visit to the iconic Major Oak deep within Sherwood Forest. The first finishers of the 30 miler returned to Walesby in impressive times, with **Daryl Parks** second overall in a time of 4:24:52 behind Thomas Mitchell of DBRC who completed the race in 3:59:54.



17 May 2026 - The Big Green Scunthorpe 10k

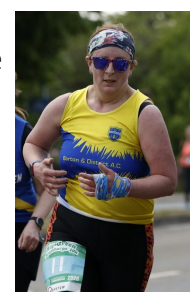
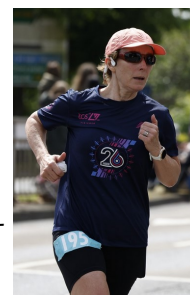


Elliot Stones of the Big Dog Running Club led the way at The Big Green Scunthorpe 10k on Sunday 17th May, crossing the line in 32:14. First female finisher on the day was Lindsay Skinner of Off That Couch Fitness in 35:01.

Paul Ancliffe, Fiona Copper, Zoe Adams and **Rosie Taylor** represented Barton & District AC with some great performances. Rosie, who joined the club earlier this year and ran this race as her first ever 10k, reported "I just want to say a heartfelt thank

you to everyone at the club for being so supportive, warm and kind towards me. I'll be honest I was a bit apprehensive about joining, especially as I've never considered myself a runner. I only took up running last year, and completing a 10k was a huge milestone for me. It might not seem big to some, but for someone like me it was a massive personal achievement. I can't wait to take on the next one once the weather cools down."

Thank you Rosie and well done.



"Beginners to winners, small and tall, track, road and trail - **we do it all!**" 6

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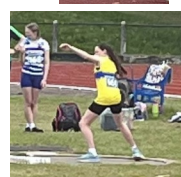
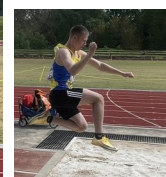
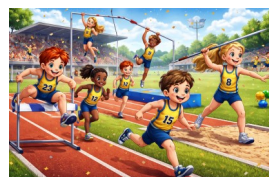
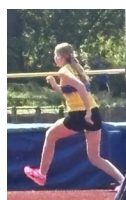


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9/10 May 2026 - Humber County Championships

A huge BADAC representation participated at this years' County Championships, held on Saturday 9th and Sunday 10th May, at Costello Stadium in Hull. **Arthur Webb, Charlie Champman, Francis Szolkowski, George Fenton, Jack Wood, Thomas Pocock, Lucas Browne, Elsie Bruce, Francesca Kelly, Halle Wilson, Holly Sandon, Milly Atkin, Teal Wilson, Poppy Sandon, Eddie Rushby, Charlotte Pocock, Oliva Bennett, Piper Wilson, Oliver Jones, Teddy Morgan, Isaac Brown, Jake Newell, Nicholas Mullineaux, Edie Webb, Jessica Clark, Lucas Dunk, Jacob Arnold** and **Harry Atkin** achieved many personal bests as well as County Championship honours over the weekend.



17 May 2026 - Humber Open Meeting 2 (Hull)

Just a week after the Humber County Championship weekend, Costello Stadium in Hull hosted the second meeting in the Humber Open Series of 2026. **Alfie Dervey, Eddit Rushby, Erin Briggs, Freddie Buttle, Halle Wilson, Jack Wood, Lexi Wilson, Nicholas Mullineaux, Piper Wilson, Taylor Dervey, Teal Wilson** and **William Lane** ran, jumped and threw their way to some fantastic results at this event.



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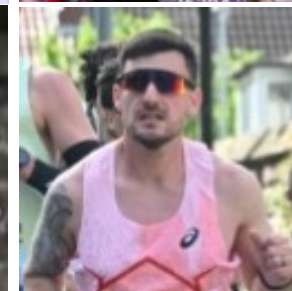
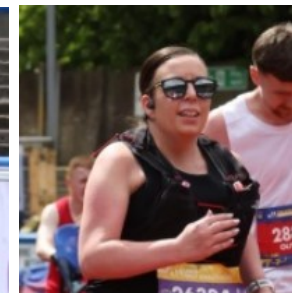
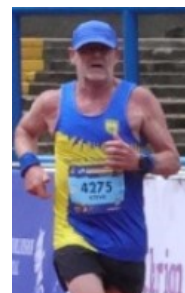
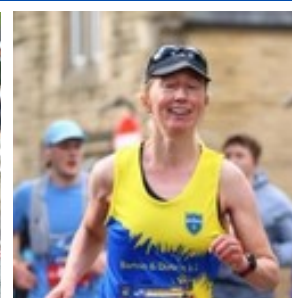
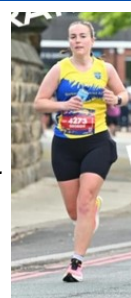
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10 May 2026 - Leeds Half Marathon & Marathon

Becoming a favourite in the Spring racing calendar is this Run for All organised marathon and half marathon in Leeds.

William Edwards and **Samantha Mason** were the BADAC half marathoners on Sunday 10th May in which William Tighe of Leeds City AC finished first in 1:07:30 with first female, Nidd Valley Road Runner Jemima Elgood completing the course in 1:13:25.

Steve Chaplin, Racheal Couch, Helen Williams, Georgiana Bacon, Fiona Copper and **Sam Whyld** undertook the marathon distance with some determined and PB performances achieved. Fiona ran this marathon just two weeks after completing the London Marathon virtually. The winning marathon time on the day was 2:26:31 by George Ravenhall (Airecentre Pacers RC) with Melissah Gibson (100 Mara Club) the first lady in 2:45:51.



17 May 2026 - Hardmoors 110

The 19th edition of the Hardmoors 110 was held on Saturday 23rd May, following the Cleveland Way from Filey with competitors having 36 hours to complete the 110 mile single stage trail race. The ultramarathon follows the stunning North Yorkshire and Cleveland heritage coastline, visiting the seaside resort of Scarborough, the old smuggling town of Robin Hood's Bay, Dracula's Whitby, Staines, Runswick Bay and Saltburn before passing through the Cleveland Hills and North Yorkshire Moors before finishing in the market town of Helmsley. **Scott Marrison** completed this event in 29 hours, 29 minutes and 47 seconds, finishing a magnificent 12th overall just 9 minutes and 10 seconds behind the first finisher.

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Fixtures – Road & Trails

JULY

- ◆ 01/07/26 Croxby Crawl 2 Lap
- ◆ **02/07/26 BADAC Summer League Race 4**
- ◆ 05/07/26 Withernsea 10k
- ◆ 05/07/26 Winterton Show 10 Mile
- ◆ 07/07/26 East Hull Harries Summer League Race 7
- ◆ 10/07/26 Walkington 10k
- ◆ 10/07/26 EvenSplits York 5k Series
- ◆ 12/07/26 Normanby Hall 10k
- ◆ 12/07/26 Spilsby Show 10k
- ◆ 12/07/26 Caistor Sting 10k Challenge
- ◆ 14/07/26 City of Hull Champagne League Race 9
- ◆ 15/07/26 Laxton Charity 10k
- ◆ 19/07/26 Goole Riverbank Challenge 10k
- ◆ 21/07/26 East Hull Harriers Summer League Race 8
- ◆ 25/07/26 Yorkshire Wolds Ultra
- ◆ 26/07/26 South Cave 10k
- ◆ 26/07/26 Easingwold 10k
- ◆ 28/07/26 City of Hull Champagne League Race 10



AUGUST

- ◆ 01/08/26 Brantingham Bash 5 Mile Road Race
- ◆ 02/08/26 York 10k
- ◆ 05/08/26 Howden Town 5K/10k
- ◆ **06/08/26 BADAC Summer League Race 5**
- ◆ 09/08/26 Hardmoors 26.2 (Farndale)
- ◆ 12/08/26 The Sessay Swift 6k
- ◆ 14/08/26 York 5k Series
- ◆ 23/08/26 Beverley Half Marathon
- ◆ 25/08/26 Lincoln Wellington AC 5k Series
- ◆ 29/08/26 The Wolds Farm Loop
- ◆ 30/08/26 Leeds Running Festival





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Summer League

2026 New Route

👁️ 6 races through the summer

👁️ 2 big loops of the park paths at Baysgarth Park, starting and finishing at Baysgarth House Museum (approximately 2.5 miles)

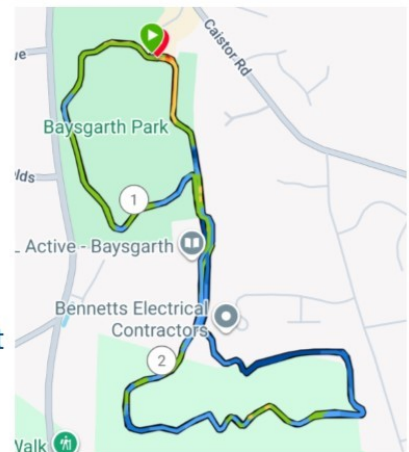
👁️ **All but the first race is handicapped (staggered start)**

👁️ Registration to take place from 30 minutes before the start of each race.

👁️ The winners on handicap of Races 2-6 will receive £20.

👁️ There will be a handicap points competition with cash prizes for £75, £50 and £25 for the top 3 finishers in the league overall.

👁️ Bonus Points available at each race plus points for volunteering.



🔊 Explanation of the Points System 🔊

- Only open to First Claim Barton & District AC members over 16 on the date of the first race. Guests will be allowed if UKA registered but are not entitled to any prizes.
- The first race will be a mass start and will be used to determine your handicap start time for the next race and all entrants will receive 60 points. Anybody who enters the league after the first race will get 60 points whatever position they finish and not be entitled to a prize if they finish first in the race.
- For subsequent races, 1st place will receive 100 points, 2nd 95 and 3rd 90, then it reduces in increments of 1 until 60, when everyone after that receives 60 points.

• Event 1:	Thursday 2nd April	18:40
• Event 2:	Thursday 7th May	18:40
• Event 3:	Thursday 4th June	18:40
• Event 4:	Thursday 2nd July	18:40
• Event 5:	Thursday 6th August	18:40
• Event 6:	Sunday 6th September	09:30

Volunteers needed!