

BARTON & DISTRICT AC



Athletics Club



news

Welcome to the June 2026 Barton & District AC Newsletter.

As summer gets into full swing, it's wonderful to see so many members making the most of the longer evenings, whether that's training, enjoying club runs, competing in races, or volunteering behind the scenes. This time of year always brings a busy calendar, and it's great to see our club represented across so many events and disciplines.

As always, in this edition, you'll find race reports, members' achievements, upcoming fixtures and club news. Every success - whether it's a personal best, a first race, a podium finish or simply turning up consistently to train - helps make Barton & District AC the welcoming and supportive club it is.

This newsletter is about our members and I put it together myself so if you have a race report, photographs, training story or achievement you'd like to share in future editions, I'd love to hear from you. Every contribution helps capture the spirit of our club.



Have you seen the latest addition to the entrance garden to the park at the Baysgarth Museum? Our chairman, **Mark** was approached to see if we were interested in sponsoring the blue and yellow garden at the entrance to the museum. We willingly obliged and the results are there to be enjoyed by our local community. Happy running all.

Sarah

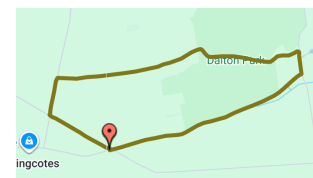
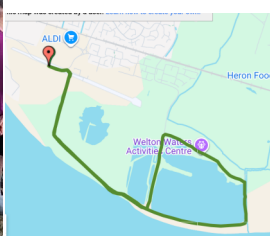
City of Hull AC Champagne League 2026

Races 6, 7 and 8 of the 2026 Champagne League, organised by City of Hull AC, all took place on Tuesday evenings in June - 23rd, 16th and 30th.



The 4 mile Brough route of Race 6 saw **Jon Wilson**, **Rebecca Manchester** and **Sophie Iannidinardi** undertake the sixth race. **Rebecca Manchester** and **Sophie Iannidinardi** headed to Kiplingcotes for the 5.1 mile circuit of race 7. Race 8 the Three Raceateers were re-united for the longer 8.4 mile

Waudby Green route. Two races to complete the series to go. Rebecca showed the ultimate dedication to fulfilling this series by racing on her birthday!



"Beginners to winners, small and tall, track, road and trail - **we do it all!**" 1

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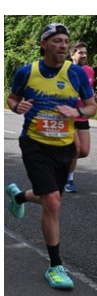
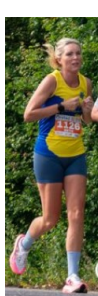
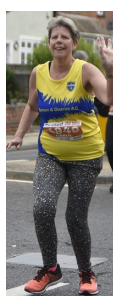
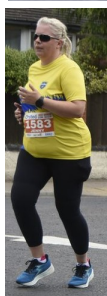
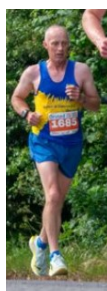
7 June 2026 - Ørsted Great Grimsby 10k

The popular Ørsted Great Grimsby 10k took place on Sunday 7th June. Starting in the Town Hall Square the race follows a flat, community-supported road route before ultimately finishing at the Victorian Peoples Park. Buckley RC's Jack Bromley finished first on the day in 30:47, just ahead of Lincoln Wellington AC's duo William Strangeway (30:54) and Callum Parkin (32:02). It was a LWAC second and third finish in the female race too with unattached athlete Freya Stapleton the first female finisher in 34:10 followed by Charlie Thornton (34:43) and Natalie Burns (36:16).



BADAC representatives were **Aidan Walker, Ben Bridges, Ant Coulam, Beth Montgomery, Carol Clayton, Carrie Law, Christy Pearson,**

Connor Benson, Emma Ellerington, Georgia Bullivent, Georgiana Bacon, Jenny Bennett, Mark Nettleton, Martina Hodgson, Rachel Couch, Sharon Bullivent, Steve Chaplin, Tracy Chaplin and Wayne Pulford at the 11th edition of this event.



"Beginners to winners, small and tall, track, road and trail - **we do it all!**" 2

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13 June 2026 - Humber Open Meeting 3

A bumper turnout at the third meeting in the Humber Open Series of 2026 by Barton & District AC Junior and Youth athletes on Saturday 13th June. Participating in various track and field events were **Alfie Dervey, Arthur Webb, Charlie Chapamn, Charlotte Pocock, Eddie Rushby, Edie Webb, Elsie Bruce, Esme Atkin, Fraser Wilson, Harry Atkin, Holly Sandon, Isaac Browne, Jack Wood, Jake Newell, Koby Martin, Lucas Browne, Lucas Dunk, Milly Atkin, Nicholas Mullineaux, Olly Jones, Olivia Bennett, Poppy Sandon, Rowan Sheperdson, Taylor Dervey** and **Thomas Pocock**. Great to see such a fantastic showing of our younger athletes.



10 June 2026 - KUHAC Jumps & Throws

An evening of jumps and throws on Wednesday 10th June at Costello Stadium, Hull organised by Kingston upon Hull AC saw 12 of our youth and junior athletes **Arthur Webb, Charlie Chapman, Edie Webb, Esme Atkin, Fraser Wilson, Holly Sandon, Jack Wood, Jake Newell, Jessica Clark, Lucas Dunk, Milly Atkin** and **Oliva Bennett** taking part.



"Beginners to winners, small and tall, track, road and trail - **we do it all!**" 3

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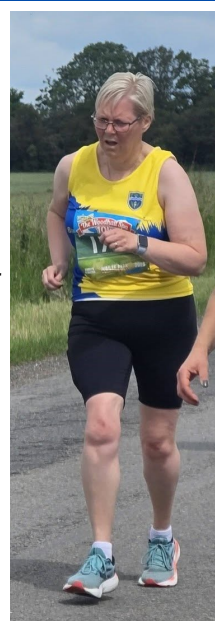
14 June 2026 - Woodhall Spa 10k

The Woodhall Spa 10k has built a reputation as one of Lincolnshire's fastest and most enjoyable road races. Starting and finishing at Jubilee Park, the flat, single-loop course through the surrounding villages offered ideal conditions for runners chasing personal bests or simply looking to enjoy a well-organised summer race.

The overall race winner was William Strangeway in 31:12 with a closely contested second and third finish by Mose Mayanja (33:51) and Emerson Barbosa (33:53). The women's race was also a close finish with Sophie George (38:10) just finishing ahead of Sherene Wilshere (38:13) with Rebecca Gallop completing the podium in 38:53.



Barton & District AC were represented by **Graham Lawrence** who ran a superb PB race, running sub-40 for the first time, completing the race on Sunday 14th June in 39:23. Club chairman and race adjudicator **Mark Nettleton** also enjoyed a trot out here along with his good lady wife and the keeper of the club purse **Alison Nettleton**.



14 June 2026 - ALTUS Running Beat the Clock

The ALTUS Running "Beat The Clock" event took place on Sunday 14th June at the Costello Stadium in Hull. The event was a knockout format, where every 400m lap got 5s faster, with 90s rest between each lap. Results were measured by the maximum number of laps each participant completed before being eliminated by the accelerating clock (e.g. 21 out of the 25 laps on offer). I



couldn't find any official results but from social media I gleaned BADAC athletes **Steve Chaplin, Kathryn Drury, Racheal Couch, Helen Williams, Matthew Lambert, Brad Griffiths** and **Angharad Williams-Griffiths** all took part.



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20 June 2026 - Yorkshire & District Athletics League Match 2

The second of three in this year's Yorkshire & District Athletics League Match took place on Saturday 20th June at the Dorothy Hyman Stadium at Cudworth, Barnsley. A fantastic effort from the joint Barton & Goole team resulted in winning the match by a huge 95 points, leaving Barton & Goole topping the leaderboard by 103 points after two matches.

Coach Mark Ding said "A great day of performances and support both individually and as a team. Special mention to those athletes who got off their sick beds to want to compete for the team (Fraser and Holly) - showing real character at such a young age. Also to those who were competing for the first time, or representing the team for the first time - Jacob, Austin, Ethan, Sienna, George, Fraser and Francis. Thanks Katherine, Naomi, Andy and Martyn for helping on the field with the long jump also gaining points for the team.

The results show how good we are as a team but also the number of personal bests, first places and great performances in hot conditions. The final match is on 18th July at Grimsby where we have chance to become league champions".

Representing BADAC were **Isaac Browne, Oliver Jones, Nicholas Mullineaux, Teddy Morgan, Jake Newell, Jack Wood, George Fenton, Fraser Wilson, Francis Szolkowski, Jessica Clark, Lyla O'Mara, Olivia Bennett, Piper Wilson, Emmy Bennett, Charlotte Pocock, Holly Sandon, Elsie Bruce, Charlotte Coupland, Libby Bolland and Jacob Arnold.**

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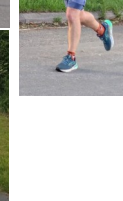
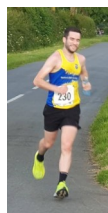
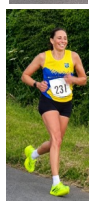
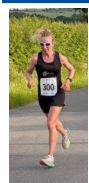
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17 June 2026 - Lincs Wolds 10

The Lincs Wolds 10 (rebranded from the Tough Ten, I wonder why!) took place in its traditional midweek slot on Wednesday 17th June, and a bumper crop of Barton & District AC athletes undertook the challenging 10 mile course. The hilly route out of Swallow saw Lincoln Wellington AC athletes finishing first overall and first female (2nd overall) with Martin Troop dipping 2 seconds under the hour finishing in 59:58 and Charlie Thornton breaking her own female course record, finishing 2 seconds over the hour. BADAC athletes **Scott Marrison, Rebecca Manchester, Sophie Iannidinardi, Phil Kirkham, Kathryn Drury, Helen Williams, Racheal Couch, Beth Montgomery, Kieren Iannidinardi, Matthew Lambert, Sam Whyld, Sarah Bainbridge, Steve Chaplin** and **Carrie Law** all having great runs. Scott finished the race in 7th place overall, and won his age category.



28 June 2026 - Rasen Running Festival

Taking on a multi-terrain route at the Market Rasen 10k on Sunday 28th June 2026 were **Carrie Law, Nicola Barker, Paul Ancliffe, Gill Bridger** and **Susan Ancliffe**. Carrie finished 2nd female on the day just 2 seconds behind the first female finisher, Chloe Jones of Newark Striders RC.



21 June 2026 - East Yorkshire Half Marathon & 10k

Hosted by RunThrough out of Burton Constable Hall in Holderness, the East Yorkshire Half Marathon and 10k races took place on Sunday 21st June and saw **Emma Whittingham** take on the 10k event and **Sarah Cook** the half marathon race.



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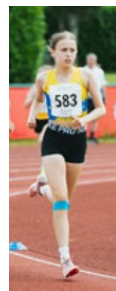
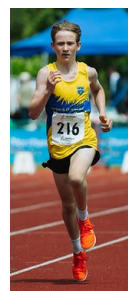
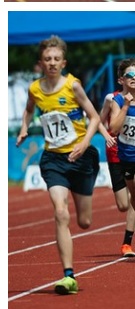
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27/28 June 2026 - Northern Athletics U14/U16 Championships

A small number of U14 and U16 athletes from BADAC travelled to Leigh Sports Village in Greater Manchester to partake in the Northern Athletics Outdoor Championships, on the last weekend in June. **Jake Newell, Olivia Bennett, Piper Wilson, Nicholas Mullineaux, Oliver Jones** and **Jessica Clark** performed brilliantly in their respective events, with Jake being

crowned Long Jump Champion and breaking the meeting record in the process.



6/7 June 2026 - Northern Athletics U18, U20 & Senior Champs

The first weekend of June saw the Northern Athletics U18, U20 and Senior Outdoor Championships take place at Costello Stadium, Hull with just one representation of the club at the event. A hugely successful weekend for **Oliver Donkin** winning the 1500m on the Saturday, following up with taking the crown for the 5000m a day later.



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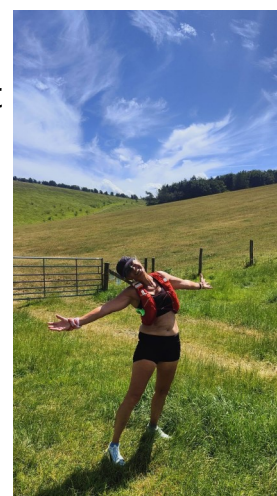


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27 June 2026 - Hardwolds 40

The Hardwolds 40 route follows the Hudson Way from Beverley before picking up the Wolds Way just outside of Goodmanham. From here the route passes through chalk landscapes, market towns and ancient villages such as Londesborough, Millington, Thixendale and the deserted medieval village of Wharram Percy, before leaving the Wolds Way near Settrington Beacon and descending into

Settrington to pick up the Centenary Way to Malton and the race finish. This years Hardwolds 40 (actually 47 miles in true Hardmoors fashion) took place on a scorcher of a day, Saturday 27th June and **Michelle Horsewood, Ben Bridges, Sam Whyld** and **Daryl Parks** survived to tell the tale with Michelle being crowned her age category winner to boot!



13 June 2026 - BMC Grand Prix

16 June 2026 - Corby AC June Open

A week night visit to the Rockingham Triangle Stadium in Corby, Northamptonshire was the order of the day for **Dave Thomas** on Tuesday 16th June to run the 3000m on their track.



Saturday 13th June **Oliver Donkin** travelled to the Paula Radcliffe Stadium in Loughborough to race the 1500m on the track. 31 races with 333 finishers and 30% achieving PBs.



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Fixtures

AUGUST

- ◆ 01/08/26 Brantingham Bash 5 Mile Road Race
- ◆ 02/08/26 York 10k
- ◆ 05/08/26 Howden Town 5K/10k
- ◆ **06/08/26 BADAC Summer League Race 5**
- ◆ 08/08/26 The Ultra Loop (Leeds)
- ◆ 09/08/26 Hardmoors 26.2 (Farndale)
- ◆ 12/08/26 The Sessay Swift 6k
- ◆ 14/08/26 York 5k Series
- ◆ 15/08/26 Wolds Mini Mountain Marathon
- ◆ 23/08/26 Beverley Half Marathon
- ◆ 23/08/26 Backyard Ultra (Louth)
- ◆ 25/08/26 Lincoln Wellington AC 5k Series
- ◆ 29/08/26 The Wolds Farm Loop
- ◆ 30/08/26 Leeds Running Festival



SEPTEMBER

- ◆ **??/09/26 BADAC Summer League Race 6**
- ◆ 05/09/26 RunThrough at Flamingo Land 5k/10k
- ◆ 05/09/26 Hip Hip Hooray It's Hornsea
- ◆ 06/09/26 Wetherby 10k
- ◆ 06/09/26 Trails & Tails
- ◆ 11/09/26 York 5k Series
- ◆ 12/09/26 Robin Hood 100
- ◆ 13/09/26 East Coast Classic 10k
- ◆ 13/09/26 SilverBackTrais Lilla's Revenge
- ◆ 13/09/26 Great North Run Half Marathon
- ◆ 20/09/26 Castleford 10k
- ◆ 20/09/26 Rotherham 10k
- ◆ 20/09/26 ABP Humber Coastal 10k/Half Marathon
- ◆ 26/09/26 Clumber Dirty Dozen





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Summer League

2026 New Route

👁️ 6 races through the summer

👁️ 2 big loops of the park paths at Baysgarth Park, starting and finishing at Baysgarth House Museum (approximately 2.5 miles)

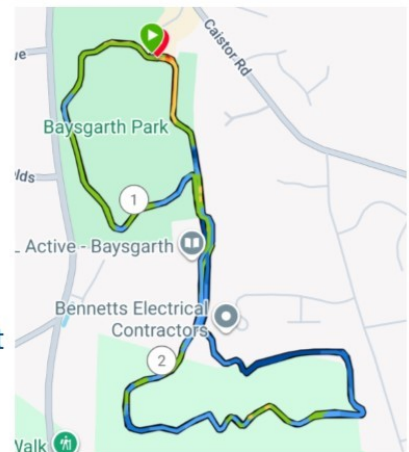
👁️ **All but the first race is handicapped (staggered start)**

👁️ Registration to take place from 30 minutes before the start of each race.

👁️ The winners on handicap of Races 2-6 will receive £20.

👁️ There will be a handicap points competition with cash prizes for £75, £50 and £25 for the top 3 finishers in the league overall.

👁️ Bonus Points available at each race plus points for volunteering.



🔊 Explanation of the Points System 🔊

- Only open to First Claim Barton & District AC members over 16 on the date of the first race. Guests will be allowed if UKA registered but are not entitled to any prizes.
- The first race will be a mass start and will be used to determine your handicap start time for the next race and all entrants will receive 60 points. Anybody who enters the league after the first race will get 60 points whatever position they finish and not be entitled to a prize if they finish first in the race.
- For subsequent races, 1st place will receive 100 points, 2nd 95 and 3rd 90, then it reduces in increments of 1 until 60, when everyone after that receives 60 points.

• Event 1:	Thursday 2nd April	18:40
• Event 2:	Thursday 7th May	18:40
• Event 3:	Thursday 4th June	18:40
• Event 4:	Thursday 2nd July	18:40
• Event 5:	Thursday 6th August	18:40
• Event 6:	Sunday 6th September	09:30

Volunteers needed!